

# FLAME400

## Burger Cafe

### BURGERS



**CHEESEBURGER**  
400  
MEAT PATTY, CHEESE,  
TOMATO, LETTUCE,  
ONIONS, PICKLE &  
SPECIAL SAUCE  
16.10



**BURGER** [GF] **DOWN UNDER**  
MEAT PATTY, CHEESE,  
FRIED EGG, BEETROOT,  
TOMATO, ONIONS,  
KETCHUP & MUSTARD  
17.05



**BBQ** [GF] **BACON**  
MEAT PATTY,  
CHEESE, BACON,  
ONIONS & HOUSE  
BBQ SAUCE  
17.60



**IT'S HOT** [GF] **BURGER**  
MEAT PATTY, CHEESE, BACON,  
CAPSICUM, JALAPENOS,  
ONIONS, HOUSE CHILLI &  
HOUSE CHIPOTLE SAUCE  
18.60

### CHICKEN BURGERS

OPTION: FRIED CHICKEN OR FLAME GRILLED CHICKEN, BASTED IN HOUSE GLAZING



**CHICKEN DELUXE**  
CHICKEN BREAST, CHEESE,  
LETTUCE, TOMATO &  
HOUSE CHIPOTLE SAUCE  
17.60



**DBL CHICKEN**  
**DELUXE**  
DOUBLE CHICKEN BREAST,  
DOUBLE CHEESE, LETTUCE,  
TOMATO & HOUSE CHIPOTLE  
SAUCE  
24.0



**BUFFALO CHICKEN**  
FRIED CHICKEN BREAST  
COATED IN BUFFALO SAUCE,  
COLESLAW, CHEESE  
19.0

### D' BIG GLEN RANGE



**E-I-E-I-O**  
MEAT PATTY, DOUBLE  
CHEESE, CHICKEN  
BREAST, BACON, ONIONS,  
TOMATO, LETTUCE &  
SPECIAL SAUCE  
26.60



**THE BIG GLEN**  
DOUBLE MEAT PATTY,  
DOUBLE CHEESE, BACON,  
ONIONS & SPECIAL  
SAUCE  
23.60



**TRIPLE 400**  
**CHEESEBURGER**  
TRIPLE MEAT PATTY,  
TRIPLE CHEESE,  
LETTUCE, TOMATO,  
ONIONS, PICKLE &  
SPECIAL SAUCE  
26.05



**PORK BELLY**  
**BURGER**  
GRILLED PORK BELLY  
IN HOUSE GLAZING,  
COLESLAW &  
SRIRACHA MAYO  
24.0

### VEGGIE BURGERS



**HAWAIIAN** [GF] **VEGGIE**  
VEGGIE PATTY,  
GRILLED PINEAPPLE,  
LETTUCE &  
SRIRACHA MAYO  
17.0



**VEGGIE** [GF] **CHEESEBURGER**  
VEGGIE PATTY,  
CHEESE, TOMATO,  
LETTUCE, ONIONS,  
PICKLE, KETCHUP &  
MAYO  
18.0



**SMOKEY** [GF] **TRUFFLE**  
GRILLED ONIONS, MIX  
LETTUCE, PARMESAN,  
FLAMED GRILLED  
DOUBLE MEAT PATTY  
& TRUFFLE SAUCE  
24.0



**BLAZE**  
GRILLED ONIONS IN HOUSE  
GLAZING, PICKLE, CHEESE,  
BACON, FLAME GRILLED  
DOUBLE MEAT PATTY &  
SPECIAL SAUCE  
24.0

**ADD ON SIDE OF CHIPS \$4.0**

**BURGERS, CHARDOGS & WRAPS**

SWAP CHIPS TO ONION RINGS, SWEET POTATO OR WEDGES FOR AN EXTRA \$2.5

### FLAMING GRILL

GRILLED WITH OUR HOUSE-MADE BASTING, SERVED WITH CHIPS & COLESLAW



HALF & HALF COMBO-  
BEEF RIBS 1/2 RACK & PORK  
RIBS 1/2 RACK 59.95

BEEF RIBS - FULL RACK 64.95  
BEEF RIBS - HALF RACK 39.95

PORK RIBS - FULL RACK 54.95  
PORK RIBS - HALF RACK 34.95

PORK BELLY 390G  
37.95

### CHARDOGS



**CONEY**  
HOTDOG, MINCED MEAT, CHEESE,  
ONIONS, KETCHUP & MUSTARD  
15.85



**SRIRACHA**  
HOTDOG, MINCED MEAT, CHEESE &  
SRIRACHA MAYO  
15.85



**SOMBRERO**  
HOTDOG, MINCED MEAT, CHEESE,  
BLACK BEANS, JALAPENOS,  
SALSA & SOUR CREAM  
17.40



**CHEESY BACON**  
HOTDOG, BACON, CHEESE &  
SPECIAL SAUCE  
16.20



### CHICKEN WRAPS



**SPICY WRAP**  
CHICKEN BREAST, GRILLED  
CAPSICUM, LETTUCE, RED  
ONIONS & CHIPOTLE SAUCE  
17.3

**ALOHA WRAP**  
CHICKEN BREAST,  
COLESLAW, PINEAPPLE, RED  
ONIONS & AIOLI SAUCE  
16.60

### CHICKEN WINGS

SERVED WITH ONE SIDE AND DIPPING SAUCE

**GRILLED**  
HOUSE-MADE  
BASTING

**SALT&PEPPERED**  
DEEP FRIED  
WINGS

**BUFFALO**  
COATED IN HOUSE  
BUFFALO



12pc  
22.6

6pcs  
16.06

### SALAD

OPTIONS: FRIED CHICKEN OR FLAME GRILLED CHICKEN  
BASTED IN HOUSE GLAZING



**CHICKEN SALAD**  
CHICKEN, MIXED LETTUCE, TOMATO,  
ONIONS, MACADAMIA NUTS W/ ITALIAN  
DRESSING  
20.60

**CHICKEN CAESAR SALAD**

CHICKEN, COS LETTUCE, PARMESAN CHEESE,  
EGG, BACON W/ CAESAR DRESSING  
20.60



### LOADED PARMI

SERVED WITH CHIPS AND GARDEN SALAD

**MEJICO PARMi**

FRIED CHICKEN BREAST, BLACK  
BEANS, JALAPENOS, GRATED CHEESE  
& NAPOLI SAUCE  
24.60

**SIGNATURE PARMi**

FRIED CHICKEN BREAST, DICED  
PICKLES, GRATED CHEESE &  
NAPOLI SAUCE  
24.05



### SLIDER TRIO

SERVED WITH  
ONION RINGS & CHIPS 27.95



IT'S HOT  
BURGER

CHEESEBURGER  
400

BBQ  
BACON

### CHICKEN DUO

SERVED W/ CHIPS  
18.9



CHICKEN  
DELUXE

BBQ  
CHICKEN

### LOADED CHIPS

**GRAVY LOADED** [GF] **CHIPS & GRAVY** 14.10

**CHEESY LOADED** [GF] **CHIPS & MELTED CHEESE** 14.10

**TRUFFLE CHEESE CHIPS** [GF] **CHIPS, TRUFFLE SAUCE & SHAVED PARMESAN** 18.05

**400 LOADED**  
CHIPS, MINCED MEAT, MELTED CHEESE, DICED  
PICKLES, & SPECIAL SAUCE 19.05

**SMOKEY LOADED** [GF] **CHIPS, MINCED MEAT, BACON, MELTED CHEESE,  
ONIONS & HOUSE BBQ SAUCE** 19.60



### SIDES

**ONION RINGS**  
7.0

**WEDGES**  
7.5

**CHIPS**  
S-5.50  
L-10.0

**COLESLAW**  
S-5.0  
L-10.50

**GREEN SALAD**  
S-4.0  
L-10.0

**RICE**  
4.5

**GARLIC BREAD**  
4.5

**HASH BROWN**  
3.5

**COB CORN**  
5.0

**SWEET POTATO**  
7.5

### SAUCES

ALL SAUCES ARE GLUTEN FREE EXCEPT FOR GLAZING BASTING,  
SPECIAL SAUCE & SWEET CHILLI

**HOMEMADE SAUCE \$2.50**  
**SPECIAL SAUCE | CHIPOTLE | BBQ | HOT CHILLI**  
**SRIRACHA MAYO**

**SAUCES \$2.50**  
**AIOLI | SWEET CHILLI | SOUR CREAM | MAYO**

**TRUFFLE SAUCE: \$3.50**

GLUTEN FREE OPTIONS MAY INCUR ADDITIONAL CHARGES

[GF] GLUTEN FREE OPTION AVAILABLE

[GFI] GLUTEN FREE

[V] VEGETARIAN

GLUTEN-FREE OPTIONS ARE AVAILABLE; HOWEVER, IT'S IMPORTANT TO NOTE THAT GLUTEN IS STILL USED  
IN OTHER PRODUCTS WITHIN THE PREMISES. WE CANNOT GUARANTEE A COMPLETELY GLUTEN-FREE  
ENVIRONMENT, AND THERE IS POSSIBILITY OF CROSS-CONTAMINATION, IF YOU HAVE CELIAC, PLEASE BE  
AWARE THAT WE CANNOT ASSURE YOUR SAFETY DUE TO THESE FACTORS.

YOUR SAFETY IS IMPORTANT TO US. IF YOU HAVE ANY FOOD ALLERGIES, PLEASE INFORM OUR STAFF,  
AND WE'LL BE HAPPY TO ACCOMMODATE YOUR NEEDS AS BEST AS WE POSSIBLY CAN.

FOR MORE INFORMATION VISIT OUR WEBSITE AT  
FLAME400BURGERCAFE.COM

\*AVAILABILITY & PRICE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. SURCHARGE APPLIES TO CARD TRANSACTIONS. 10%  
SURCHARGE ON PUBLIC HOLIDAYS. PROMOTIONS AND OFFERS MAY NOT BE COMBINED AND ARE SUBJECT TO AVAILABILITY



MORNING BURGERS



**BREKKIE BURGER**  
MEAT PATTY, EGG,  
BACON, HASH-  
BROWN, CHEESE &  
HOUSE BBQ SAUCE  
19.60

**B L T BURGER**  
BACON, TOMATO,  
LETTUCE &  
SPECIAL SAUCE  
15.60

**BACON & EGG BURGER**  
BACON, EGG,  
CHEESE, LETTUCE &  
HOUSE BBQ SAUCE  
16.80

**THE MORNING STACK**  
\$12.95  
WHITE TOAST, 2 FRIED  
EGGS, BACON WITH A  
SIDE OF BUTTER

MORNING FAVOURITES

AVAILABLE ALL DAY

PANCAKES

ALL PANCAKES ARE TOPPED WITH ICING SUGAR



**BACON &  
MAPLE SYRUP**  
2 PANCAKES, BACON,  
MAPLE SYRUP &  
BUTTER  
18.5

**CLASSIC PANCAKE**  
2 PANCAKES, MAPLE  
SYRUP, BUTTER &  
ICING SUGAR  
14.5

**BERRIES PANCAKE**  
2 PANCAKES, BERRIES  
COMPOTE, WHIPPED  
CREAM, & MAPLE  
SYRUP  
16.8

**CHOCO-CHIPS**  
2 PANCAKES, CHOC-CHIPS,  
CHOCOLATE SYRUP, MINI  
MARSHMALLOWS & CHOC-  
ICE CREAM  
17.0

MORNING WRAPS



**BREKKIE WRAP**  
MEAT PATTY, EGG, BACON,  
HASH-BROWN, CHEESE AND  
HOUSE BBQ SAUCE  
18.20

**VEGGIE WRAP**  
VEGGIE PATTY, MIXED LEAF,  
RED ONIONS, AIOLI SAUCE  
16.95

TOASTIES

MADE WITH WHITE BREAD AND AMERICAN CHEESE, SERVED ON ITS OWN  
ADD A SIDE OF CHIPS FOR +3.0



**CHEESE 7.5 GFO | V**  
**CHEESE & TOMATO 8.4 GFO | V**  
**HAM & CHEESE 9.9 GFO**  
**HAM, CHEESE & TOMATO 10.6 GFO**  
**BACON, CHEESE & EGG 12.5 GFO**

Kids Brekkie

**KIDS  
PANCAKE**  
12.0

**CHEESE  
TOASTIE**  
7.5

**BACON, EGG &  
HASHBROWN**  
12.0

SMALL BITES

**BANANA BREAD 4.9**  
SERVED WITH BUTTER  
**RAISIN TOAST 2.95**  
SERVED WITH BUTTER  
**HASH-BROWNS 3.5**  
**WHITE BREAD TOAST 2.5**  
SERVED WITH BUTTER

ADD ONS

**BACON 3.50**  
**FRIED EGG 2**  
**MAPLE SYRUP 2.5**  
**HOUSE-MADE BBQ 2.5**

CRAZY  
SHAKE 400

17.75

NUT ABOUT  
CHOCO



Hello  
Kitty

Cookie  
Monster



Dr Ems  
Brown



Biscoff Bliss



Mango D'  
Coco



Caramel  
Pop



Wacky  
Wafer



Believe in  
Magic

CLASSIC SHAKE 9.7

CHOCOLATE, STRAWBERRY, VANILLA,  
BUBBLE GUM, HOKEY POKEY, MANGO, BANANA,  
SPEARMINT, MOCHA, OREO, COFFEE, BISCOFF



SMOOTHIES  
\$9.3



**BIG 5**  
PINEAPPLE,  
MANGO, KIWI,  
APPLE &  
STRAWBERRY



**STRAWBERRY  
SPLIT**  
STRAWBERRY  
& BANANA



**AVO GO-GO**  
AVOCADO, BROCCOLI,  
SPINACH, MANGO,  
COCONUT,  
GINGER & LIME



**BERRY GO  
ROUND**  
BLACKBERRY,  
RASPBERRY  
&  
STRAWBERRY

COFFEE



CAPPUCINO	CUP - 4.70	MUG - 5.60
FLAT WHITE	CUP - 4.70	MUG - 5.60
LATTE	CUP - 4.70	MUG - 5.60
LONG MACH	CUP - 5.60	MUG - 6.70
LONG BLACK	CUP - 4.70	MUG - 5.60
MOCHA	CUP - 4.90	MUG - 5.90
CHAI LATTE	CUP - 5.00	MUG - 5.95
HOT CHOCOLATE	CUP - 4.95	MUG - 5.95

DOUBLE ESPRESSO	4.00
MACCHIATO	4.40

ICED LONG BLACK	5.95
ICED LATTE	5.95
ICED MOCHA	9.95
ICED COFFEE	9.50
ICED CHOCOLATE	8.50
ICED CHAI	8.50

POT OF TEA

GREEN TEA	4.50
EARL GREY	4.50
PEPPERMINT	4.50
ENGLISH BREAKFAST	4.50
LEMONGRASS & GINGER	4.50



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